Transforming mental health services in Camden and Islington: Proposals for change to the Camden and Islington NHS Foundation Trust Estate

Frequently Asked Questions:

1. What is the timescale for the transforming mental health services project?

Timeline of consultation process and final decision making:

- Formal public consultation July 2018 September 2018 (12 weeks)
- External analysis of consultation responses October 2018.
- Camden CCG and Islington CCG will consider the responses to the consultation and make a decision on the proposals to redevelop the St Pancras Hospital site and relocation of services to new inpatient facilities and community hubs – November Governing Body meetings
- Business case preparation by the Trust November 2018
- Camden CCG's and Islington CCG's Governing Bodies to consider and make a decision on the business case document as a Committee in common – November 2018

Timeline of completion of the community hub clinical model and building works:

- Reviews of current community crisis and rehabilitation pathways: March 2019
- Fully developed community hub clinical model: September 2019
- St Pancras Hospital Development Partner appointed: June 2019
- Planning agreement process: September 2019 to March 2020
- Community Hubs complete: December 2022
- Inpatient move completed: June 2023

2. What is actually going to be on the St Pancras Hospital site?

Camden and Islington Foundation Trust would stay on the St Pancras Hospital site in a new building for community mental health services, and a research institute in partnership with University College London.

Other NHS services currently delivered on the St Pancras Hospital site will remain this includes a GP surgery and services provided by the Royal Free Hospital.

St Pancras Hospital, South Wing, which contains mainly services delivered by Central North West London NHS Trust will remain.

The rest of the land will be let on a long lease. Moorfield's Eye Hospital has indicated that it would like to build a new hospital here.

There would also be residential housing with potential space on the ground floor of that building for other community or commercial facilities.

The Trust has very strict criteria for development partners. They will need to work to the highest industry standards in terms of providing buildings that are environmentally sound, that engage the local community and create spaces where people feel comfortable.

All of these proposals are subject to usual Council planning application process, which includes public consultation.

3. Will the St Pancras Hospital site be lost to the NHS?

No, several NHS Trust will continue to deliver services on the site, as well as other organisations that provide NHS services. However, some of the land will need to be leased on a long term arrangement to generate money to invest in new buildings and facilities. This project is for the benefit of mental health service users, and others receiving care on the site and for no other reason.

4. Why can't the Trust use the money from the leasing of the land at St Pancras Hospital site to restore buildings and enable inpatient beds to stay on site?

It is not practical or financially possible to refurbish buildings and they are not structurally suitable to deliver high quality mental health care. The buildings structure creates risks to service users and makes the work of staff more challenging; we would not be able to overcome these without rebuilding the facilities. The cost of rebuilding the buildings, and associated decant to enable this, is well outside what is affordable and there would be no money left for improving the community estate.

5. Are the buildings on the St Pancras Hospital site listed?

No, they are not listed.

6. Some people have been regular inpatients on the St Pancras Hospital site over a number of years; this will be a huge and unsettling change for many of them.

We do not underestimate the impact of change, but believe the benefits will outweigh the concerns over change. The move itself will be carefully managed to ensure as little disruption as possible. The new inpatient building will be built and service users transferred before any of the major building work starts.

7. What happens if Moorfield's Eye Hospital does not move to the St Pancras Hospital site?

The Trust would be able to lease the land to others on a long-term basis, either developers or other public bodies.

8. Roughly how many buildings will the Trust have at the end of this process?

This consultation is only about changes to the St Pancras Hospital site, a new building near Whittington Hospital for in-patients, and changes to the Greenland Road and Lowther Road buildings to be developed into community hubs.

Our aim is to build two new community hubs one in Islington and another in Camden. These will be larger buildings than currently, where more community mental health services can be housed together under one roof.

The Trust with its wider estates strategy has a long term vision to develop up to four community hubs, two in each borough, but plans for this have yet to be developed. This consultation is restricted to the two that the St Pancras Hospital redevelopment work will support. The development of additional hubs and relocation of other services would be subject to a separate consultation or engagement process.

9. Will any services be cut? Will any new services be added?

No services will be cut as part of these consultation proposals. We are not consulting on new services in this proposal; we are consulting on transforming mental health, relocation of services and bringing services together into community hubs.

The Trust updates and reviews the services it provides regularly. For example, at the end of 2017 it opened Ruby Ward, a much-needed psychiatric intensive care unit for women, and opened a new perinatal mental health service for North Central London. During 2017, Practice Based Mental Health was rolled out across Islington, which supports some people with mental health in GP surgeries; this is due to start in Camden soon. All of the changes that the Trust and CCGs make will always include engagement and co-production with services users and other professionals.

10. Will there be any job losses as a result of the changes you are planning to make?

No, there are no plans to cut jobs as part of the transforming mental health services project.

11. Is South Wing included in the transformation plans?

The transforming mental health services project focuses on mental health care; there is one mental health service that is located in South Wing which we propose moving to the Camden Community Hub. Otherwise South Wing is not included in the current proposals. There are no plans to change the provision of the other services within South Wing, which delivers physical health care for the elderly. If changes are proposed in the future, there would be a separate consultation process.

12. Have you carried out an Equality Impact Assessment for the plans?

Yes - please see the link here to look at http://www.islingtonccg.nhs.uk/stpancras

13. Will there be further changes to community services in the next few years?

We are always trying to improve our services for local people. There are a number of service improvements in line with local and national priorities that we would like to see in community services. This work will continue over the next couple of years to develop our services. This work will be done in partnership with services users, the Trust and other health and social care professionals. An example of this is to improve our mental health crisis support services to meet national standards. Another example is what mental health services will be available in primary care. We expect that the community services improvements, some of which will be delivered from the hubs would not be complete until September 2019. This will ensure that we have the right services in place to support a strengthening of community based care so that there is no need increase in our local in-patient beds.

14. What is happening in Camden Primary Care Mental Health?

In line with North Central London's Sustainability & Transformation Plan and Camden & Islington Foundations Trust's clinical strategy, Camden CCG have invested in Primary Care Mental Health (PCMH) teams. PCMH will see social workers, nurses, psychologists, psychiatrists and voluntary and community service providers working together in teams delivering mental health care in GP practices. This means that GPs will have hands on mental health experts within their practices and for patients it will mean that care can be

delivered quickly and closer to home. We are currently implementing this new model of care and expect the teams to be fully operational in all Camden practices by March 2019.

This model has been operating in Islington GP practices for some time and is showing real benefits to patients.

How do these proposals fit in with the Islington mental health day centres consultation?

The changes proposed around Islington mental health day centres have their own consultation which closed on 27th July 18. Whilst the changes we are proposing as part 'Transforming mental health services' will take time to develop i.e. the building works timeline for the proposed new inpatient unit and community hubs has estimated the completion data as 2022/23, Islington Council need to look at the services they commission now and can't wait for the outcome of this consultation, nor the time period it would take for the building works to be completed (if the proposals were agreed).

The teams that are working on both sets of proposals are working together – as both sets of proposals aim to improve the way traditional mental health services engage with local communities, and ensure that the services they offer are rooted in these communities and make better use of assets such as buildings.

Currently, there is a small amount of overlap between the users of Day Centres and the users of inpatient and community services. In future, we could expect more overlap between these mental health community services service users and Day centre service users - because community services would be working in a more joined up way. This means people who attend Day Centres may also want to attend other wellbeing support services at the community hubs.

If you're interested in further information on Islington mental health day centres, you can find this on Islington Council's website at:

www.islington.gov.uk/consultations/day-centre-closures

If this additional information affects your views on our consultation in any way — we would welcome you filling in the consultation document again. You do not need to fill in the whole document — just any areas where your thinking has developed or changed. Please note Question 8 is a free text box where you can expand on any issues further.